



What Would Rosemond Say?

How well do you know Rosemond? Here are some points of view from the nation's top baby gurus (Spock, Sears, Dobson, Brazelton,, Panciera, and Rosemond). Circle the statement you think Rosemond would make on the given topic!!!

1.) SPOILING A BABY

A. Parents spoil a baby when they are afraid to use common sense, and this encourages babies "to become slave drivers."	B. It is okay to let a baby cry for a reasonable amount of time. Otherwise, "a baby can keep you hopping around the nursery 12 hours a day (or night)"	C. Many say you can't spoil and infant, "but I'm afraid many mothers have taken this to mean that babies must be picked up and comforted every time they cry." That's just not necessary.	D. You can't spoil a child by attending to her needs. "Try whatever helps, up to the point where everything you do just adds to the fussiness."
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2.) SLEEP Problems

A. Stick to bedtime routines and, "regardless of protests, let your baby know that bedtime is an irreversible fact of daily life."	B. Let your child learn to put herself to sleep while you check on her at increasing infrequent intervals. "With my first child, I'd turn on the TV so I couldn't hear any crying. By my third, I didn't even notice."	C. It's fine to let your child sleep in your bed – despite all the experts who oppose this "time-tested, universal arrangement. Are they also against motherhood and apple pie?"	D. At bedtime, play with your baby, hold him close, and then put him in the crib, pat him on the back, leave, and don't go back. "Even if he cried for an hour or two, you need to get across the idea that he's down for the night."
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3.) POTTY TRAINING

A. "You can lead a baby to the bathroom, but you can't make him go." Every kid gets trained at his own pace; it's best to keep the process casual and pressure – free.	B. Saying children will teach themselves to use the toilet when they are ready "is like saying that kids can teach themselves to read when they are ready." Sure, some children learn to read on their own, but most need to be taught by you.	C. When they're ready, it'll happen. "The key is to let kids run around naked."	D. Let your child watch you use the toilet; he may want to copy you. Also, try flattery, but be careful. If you pressure her or even overdo the praise, there's a good chance she'll balk."
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4.) TANTRUMS

A. Discipline him with a firm rap on the fingers or a few minutes in a chair. "Spankings should be reserved for a child's moments of greatest antagonism."	B. Don't get angry, threaten punishment, beg, or work too hard to fix things. These responses often make the tantrum worse.	C. All kids have tantrums, even for little reasons, like their socks aren't on straight." You can't soothe a tantrum, so don't try. Acknowledge their feelings, and let it blow over.	D. Don't budge. Every time you give in to tantrums, you "Virtually guarantee that occurrence of at least 50 more."
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5.) PICKY EATERS

A. If you prod you toddler to eat more, he may "reward you by eating less, just to show you who's in charge."	B. "How much he eats, when he eats, and if he eats is mostly the child's responsibility." Don't worry: Your child's nutritional intake will balance out over time.	C. If your child won't eat, wrap up his plate, put it in the refrigerator, and send him on his way. When he claims he is hungry later, try again with the same reheated food.	D. "The child must eat the food on his plate before any other food is given to him, including seconds of any one item." Call your pediatrician if you want to be reassured that your child won't starve out of stubbornness.
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Answers:

1. a.) Spock b.) Dobson c.) ROSEMOND d.) Brazelton
2. a.) ROSEMOND b.) Panciera c.) Sears d.) Dobson
3. a.) Sears b.) ROSEMOND c.) Dobson d.) Spock
4. a.) Dobson b.) Spock c.) Panciera d.) ROSEMOND
5. a.) Spock b.) Sears c.) Dobson d.) ROSEMOND